

LETTER OF RECOMMENDATION

Leioa, 1 June 2026

To whom it may concern,

I am pleased to recommend Andrea Sanmamed, whom I supervised during a 180-hour research training placement carried out between April and July 2023 at the Department of Cell Biology and Histology, Faculty of Medicine and Nursing, University of the Basque Country (EHU). Following this period, I also supervised her Bachelor's Thesis within our research group.

During her training, Ms. Sanmamed acquired practical experience in cell culture, immunohistochemistry and ELISA-based techniques. She showed a strong interest in biomedical research, a positive attitude towards learning, and a willingness to develop new technical skills. I was particularly impressed by her initiative and commitment to expanding her knowledge and laboratory skills.

In addition to her academic activities, she successfully combined her studies with professional responsibilities, demonstrating maturity, adaptability and a strong work ethic.

Based on my experience working with her, I am confident that Ms. Sanmamed would be a valuable addition to any scientific, technical or healthcare-related environment. I am happy to recommend her and believe she has the motivation and capacity to continue developing professionally.

Sincerely,

Dr. Cristina Penas Lago
Department of Cell Biology and Histology
Faculty of Medicine and Nursing
University of the Basque Country (EHU)

*For any further information, please feel free
to contact me at cristina.penas@ehu.eus*



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